Vitamin C also referred to as ascorbic acid is used to prevent or treat low levels of vitamin C in persons who do not get sufficient from food. People who eat a normal diet do not need extra ascorbic acid. Vitamin C low levels can result in a condition called scurvy. Scurvy may cause symptoms such as rash, muscle weakness, joint pain, tiredness, or tooth loss.

Vitamin C plays a vital role in the body. It helps maintain the health of skin, cartilage, teeth, bone, and blood vessels. It is an antioxidant which serves to protect the body's cells from damage.
| **How to Use** | Remember that this product is specially made for children alone. Follow all directions on the product package or as directed by the paediatrician.  
Shake the bottle well and measure out the right amount using a special measuring device or spoon. Do not use household spoon as it will not give the right dosage.  
Use your child’s weight or age to find the right dose on the product package. Dosage is also based on your child’s medical condition and response to treatment.  
Tell the paediatrician if your child’s condition persists or worsens or if he/she develop new symptoms. If you think you may have a serious medical problem, get medical help right away.  
Ensure that your child takes this vitamin regularly in order to get the most benefit from it. To help you remember, administer it at the same time(s) each day. |
| **Side Effects** | It may cause diarrhea, nausea, vomiting, abdominal pains, or heartburn. If any of these effects persist or worsen, tell your doctor or pharmacist promptly.  
If your doctor has directed your child to use VITAMIN C-SYRUP, remember that he or she has judged that the benefit to your child is greater than the risk of side effects. Many people using this vitamin do not have serious side effects.  
Inform your doctor immediately any of these rare but very serious side effects such as painful urination, pink/bloody urine occurs. |
Precautions  
Inform your doctor if you have any allergies to ascorbic acid. This product may contain inactive ingredients which can cause allergic reactions. Inform the pharmacist or your healthcare professional.
It is safe for use in pregnancy and in breast feeding mothers. Consult your doctor or pharmacist if you experience any unusual effects.

Interactions  
Your child’s risk of side effects may increase if you administer herbal drugs at the same time with this medication. This kind of drug interactions is always possible, but does not occur often. Your healthcare professional should be informed so he can help manage these interactions.

Dosage  
5mls (teaspoonful) every 8 hours is sufficient.
If you miss a dose, take it as soon as you remember. If it is near the time of the next dose, skip the missed dose and resume your usual dosing schedule. Do not double the dose to catch up.

Storage  
Store in a cool dry place at room temperature away from sunlight.