



PATIENT INFORMATION LEAFLET: INFORMATION FOR THE USER

BIOSPAN TABLET

Hyoscine-N-Butylbromide 10mg Tablet

Read this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again before, during or after use of this medicine.
- If you have any further questions, ask your health care provider.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please inform your health care provider.

In this leaflet:

1. What Biospan Tablet is and what it is used for
2. What you need to know before you use Biospan Tablet
3. How to use Biospan Tablet
4. Possible side effects
5. How to store Biospan Tablet
6. Contents of the pack and other information

1. WHAT BIOSPAN TABLET IS AND WHAT IT IS USED FOR

BIOSPAN Tablets contain a medicine called “Hyoscine-N-Butylbromide”. This belongs to a group of medicines called “antispasmodics” BIOSPAN Tablets is used to relieve cramps in the muscles of your:

- Stomach
- Gut (intestine)
- Bladder and the tubes that lead to the outside of your body (urinary system)

It can also be used to relieve the symptoms of Irritable Bowel Syndrome (IBS).

2. WHAT YOU NEED TO KNOW BEFORE YOU USE BIOSPAN TABLET

Do not use BIOSPAN TABLET if:

- You are allergic (hypersensitive) to Hyoscine-N-Butylbromide or any of the other ingredients.
- You have glaucoma (an eye problem)
- You have something called ‘myasthenia gravis’ (a very rare muscle weakness problem)
- You have a suspected or confirmed blockage of the bowel
- You have a condition where the bowel is blocked and does not work properly (paralytic or obstructive ileus). Symptoms include severe abdominal pain with lack of stools and/or nausea/vomiting
- You have a very enlarged bowel (megacolon)
- You are pregnant, likely to get pregnant, or are breast-feeding

Do not take this medicine if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking this medicine.

Take special care with BIOSPAN Tablets

Check with your doctor or pharmacist before taking your medicine if:

- You have a very fast heart rate or other heart problems
- You have a problem with your thyroid gland such as an overactive thyroid gland
- You have difficulty or pain passing water (urine) such as men with prostate problems
- You have constipation.
- You have a fever.

If you are not sure if any of the above applies to you, talk to your doctor or pharmacist before taking BIOSPAN Tablets.



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Check with your doctor or pharmacist straight away if you have unexplained abdominal pain which persists or worsens or occurs with:

- Fever
- Feeling sick
- Being sick
- Changes in your bowel movements
- Abdominal tenderness
- Low blood pressure
- Feeling faint or,
- Blood in your bowel movements

Taking other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines. This includes medicines obtained without a prescription and herbal medicines. This is because BIOSPAN Tablets can affect the way some other medicines work. Also, some other medicines can affect the way BIOSPAN Tablets work.

In particular, tell your doctor or pharmacist if you are taking any of the following:

- Medicines for depression called “tetracyclic antidepressants” or “tricyclic antidepressants” such as doxepin
- Medicines for allergies and travel sickness called “antihistamines”
- Medicines to control your heart beat such as quinidine or disopyramide
- Medicines for severe mental illness called ‘antipsychotics’ such as haloperidol or fluphenazine
- Medicines usually used for breathing problems such as tiotropium, ipratropium or atropine-like medicines
- Amantadine - for Parkinson’s disease and flu
- Metoclopramide - for feeling sick (nausea)

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking BIOSPAN Tablets.

Pregnancy and breast-feeding

Do not take BIOSPAN Tablets if you are pregnant, likely to get pregnant or are breast-feeding.

Driving and using machines

Some people may have sight problems while taking this medicine. If this happens to you, wait until your sight returns to normal before driving or using any tools or machines.

3. HOW TO USE BIOSPAN TABLET

Always take your medicine exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure. BIOSPAN Tablets should not be taken continuously for long periods of time.

Taking this medicine

- Take your tablets with water.
- Do not break, crush, or chew the tablets.

How much to take.

Adults and children over 12 years

- The usual dose is two tablets four times a day.



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- For Irritable Bowel Syndrome, your doctor may give you a lower starting dose of one tablet three times a day. This dose may be increased if further relief is necessary.

Children 6 – 12 years:

- The usual dose is one tablet three times a day.
- BIOSPAN Tablets is not recommended for children under 6 years.

If you take more BIOSPAN Tablets than you should

If you take more BIOSPAN Tablets than you should, talk to a doctor or go to a hospital straight away. Take the medicine pack with you even if there are no BIOSPAN Tablets left.

If you forget to take BIOSPAN Tablets

- If you forget a dose, take it as soon as you remember. However, if it is time for the next dose, skip the missed dose.
- Do not take a double dose to make up for a forgotten dose.

4. POSSIBLE SIDE EFFECTS

Like all medicines, BIOSPAN Tablets can cause side effects, although not everybody gets them.

Stop taking your medicine and see a doctor straight away if you notice any of the following serious side effects - you may need urgent medical treatment:

- Allergic reactions such as skin reactions e.g. nettle rash, itching (affects fewer than 1 in 100 people), rash, redness of the skin.
- Severe allergic reactions (anaphylactic shock) such as difficulty breathing, feeling faint or dizzy (shock).
- Painful red eye with loss of vision.

Other side effects

- Dry mouth (affects fewer than 1 in 100 people).
- Abnormal sweating or reduced sweating (affects fewer than 1 in 100 people).
- Increased heart rate (affects fewer than 1 in 100 people).
- Being unable to pass water (urine) (affects fewer than 1 in 1,000 people).

Reporting of side effects

If you get any side effects, talk to your healthcare provider. This includes any possible side effects not listed in this leaflet. You can also report side effects directly to Fidson Healthcare Plc. By reporting side effects, you can help provide more information on the safety of this medicine.

5. HOW TO STORE BIOSPAN TABLET

- Keep all medicines out of the reach of children.
- Do not use this medicine after the expiry date which is stated on the carton after 'Exp. Date' used for expiry date. The expiry date refers to the last day of that month.
- Store below 30°C, in a dry place.

Do not throw away any medicine via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.



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6. FURTHER INFORMATION

What BIOSPAN Tablet contains

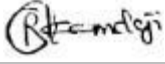
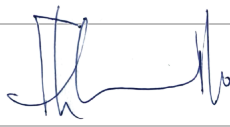

Each tablet of Biospan contains 10mg of Hyoscine-N-Butylbromide.

What BIOSPAN Tablet looks like and contents of the pack

Biospan tablet is presented as 1x10 and 10x10 tablets in Alu-PVC, placed in an outer carton with insert.

Supplier and Manufacturer

Fidson Healthcare Plc,
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Signature			
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