



PATIENT INFORMATION LEAFLET: INFORMATION FOR THE USER
MOTITEC TABLET
Zinc Sulphate Dispersible 20mg

Read this leaflet carefully before you start taking this medicine:

- You may need to read it again before, during or after use of this medicine.
- If you have any further questions, ask your health care provider.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please inform your health care provider.

In this leaflet:

1. What Motitec Tablet is and what it is used for
2. What you need to know before you use Motitec Tablet
3. How to use Motitec Tablet
4. Possible side effects
5. How to store Motitec Tablet
6. Contents of the pack and other information

1. WHAT MOTITEC TABLET IS AND WHAT IT IS USED FOR

Motitec Tablet contains Zinc. This is an essential mineral (a so-called trace element) important for many different processes in the body, e.g. for the patient's ability to fight infection. Also, it has been shown to block the growth of diarrhoea causing bacteria.

Motitec Tablet are used for the treatment of acute and persistent diarrhoea (loose stools) in infants and children up to 5 years of age.

This product is intended for use in children. Safety information on use in adults is also provided.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE MOTITEC TABLET

Check with your doctor, healthcare provider or pharmacist before giving Motitec Tablet if the child is taking:

- Penicillamine (used to treat rheumatism and certain metabolic disorders [Wilson's disease, Cystinuria])
- Sodium valproate (used to treat seizures) or
- Ethambutol (used to treat tuberculosis)

Other medicines and Zinc Sulphate

Please tell your doctor, healthcare provider or pharmacist if the child is taking or has recently taken any other medicines, including medicines obtained without a prescription, vitamins and herbal medicines.

Tell your doctor, healthcare provider or pharmacist if the child is taking:

- Certain antibiotics (medicines to treat bacterial infections): Tetracyclines, Quinolones, Cephalexin or Ceftibuten.
- Zinc may interfere with the uptake of these medicines, therefore, an interval of at least



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three hours should be allowed between intake of Zinc and any of these medicines.

Keep a list of all the medicines the child takes. Show this list to your doctor, healthcare provider or pharmacist before you start to give a new medicine like Motitec Tablet.

Motitec Tablet contains aspartame, a source of Phenylalanine. If your child suffers from a metabolic disorder called phenylketonuria, tell your doctor. He/she will decide if Motitec Tablet can be given.

Motitec Tablet with food and drink

Motitec Tablet should be given between meals.

Pregnancy and breast-feeding

Pregnancy

The safety of Zinc Tablet in pregnancy has not been established.

Breastfeeding

The safety of Zinc Tablet in breastfeeding has not been established.

The doctor or healthcare provider will advise.

Driving and using machines

Zinc Tablet is not expected to have any effect on the ability to drive and use machines.

3. HOW TO TAKE MOTITEC TABLET

Always give Motitec Tablets exactly as your doctor has told you.

How much to give:

Children less than 6 months old: ½ tablet daily for 10 to 14 days.

Children 6 months to 5 years old: 1 tablet daily for 10 to 14 days.

Giving Motitec Tablet

- It is recommended you give the doses between meals.
- Fill a teaspoon (5ml) with breast milk or with boiled and cooled water. Disperse the tablet (or half tablet) completely and get the child to swallow the entire mixture immediately.
- If the child vomits within 30 minutes of taking the dose, give another dose. If in doubt, talk to your doctor or healthcare provider.

If you are given more Zinc Sulphate than you should

If you accidentally give too many tablets, talk to your doctor or healthcare provider at once, or go to your nearest emergency unit. The child may require medical attention. Remember to take the medicine with you and show it to the doctor or the staff of the emergency unit. If you have run out of tablets, take the empty packaging along with you.



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If you forget to take Motitec Tablet

Try to make sure that you do not miss any dose. However, if you do forget to give a dose, give the missed dose as soon as you realize that you have forgotten it unless there is less than 6 hours until the next dose.

If you stop giving Motitec Tablet

Do not stop giving the medicine unless your doctor or healthcare provider tells you to. Always follow the instructions carefully and complete the course of medication.

If you have any further questions on the use of this product, ask your doctor, healthcare provider or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Zinc Sulphate can cause side effects although not everyone gets them.

The most reported side effects (greater than 1 in 10 patients treated)

- Vomiting
- Regurgitation

In most cases vomiting or regurgitation occurred shortly after administration of the first dose (within 10 minutes) and was not recurrent.

Frequency not known (estimates for these effects are not available):

- Stomach pain
- Dyspepsia

If the child gets side effects and they become serious or if you notice any other side effects not listed in this leaflet, please tell your doctor, healthcare provider or pharmacist.

5. HOW TO STORE MOTITEC TABLET

- Keep this medicine out of the sight and reach of children.
- Store below 30°C.
- Do not use this medicine after the expiry date 'Exp. Date' which is stated on the label and carton. The expiry date refers to the last day of that month.

6. FURTHER INFORMATION.

What MOTITEC TABLET contains

Each tablet of Motitec Tablet contains 20mg of Zinc Sulphate.

What MOTITEC TABLET looks like and contents of the pack




Motitec Tablet is presented as 1 x 10 tablets in blisters placed in an inner carton.



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