



PATIENT INFORMATION LEAFLET: INFORMATION FOR THE USER

## **ULTRACOAL 250 TABLETS**

Activated charcoal 250mg

### **Read this leaflet carefully before you start using this medicine.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your health care provider.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please tell your health care provider.

### **In this leaflet:**

1. What Ultracoal 250 Tablets is and what it is used for
2. Before you take Ultracoal 250 Tablets
3. How to take Ultracoal 250 Tablets
4. Possible side effects
5. How to store Ultracoal 250 Tablets
6. Further information.

### **1. WHAT ULTRACOAL 250 TABLETS IS AND WHAT IT IS USED FOR**

Ultracoal is used for emergency treatment of acute oral poisoning or drug overdose. Ultracoal absorbs toxic substances and reduces or prevents systematic absorption. The shorter the time interval between ingestion of the toxicant and the administration of Ultracoal, the greater is the benefit for the patient. However, as the absorption of massive drug overdoses is often retarded in acute conditions of intoxication, even the delayed administration of Ultracoal may be beneficial. In severe intoxication, repeated administration of Ultracoal is recommended to prevent absorbed drug being released (in an unbound state) in the lower intestinal tract or to expedite the elimination and prevent the re- absorption of any drug undergoing enterohepatic circulation.

### **2. BEFORE YOU TAKE ULTRACOAL 250 TABLETS**

There are no contraindications to the use of Ultracoal 250 Tablets.

### **Interaction with other medicinal products and other forms of interaction**

The purpose of the product is to interact with other medicaments and toxicants taken in overdosage. There are no systemic interactions because the product is not absorbed from the gut.

### **Pregnancy and lactation**

There is no evidence to suggest that Ultracoal should not be used during pregnancy or lactation. The product is not systemically absorbed.

### **Effects on ability to drive and use machines.**

None (the product is not systemically absorbed).



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### **3. HOW TO TAKE ULTRACOAL 250 TABLETS**

Always take Ultracoal 250 Tablets exactly as your healthcare provider has told you. You should check with your healthcare provider if you are not sure. The usual dose is:

#### **Adults**

**By mouth:** For drug overdose or poisoning: 50-100 grams of Ultracoal is given at first, followed by 12.5 grams per hour per hour every 2-4 hours. Sometimes a single dose of 25-100 grams may be used.

#### **Children.**

##### **By mouth:**

For drug overdose or poisoning: Ultracoal 10-25 grams is recommended for children up to one year of age, while activated charcoal 25-50 grams is recommended for children 1-12 years of age. Ultracoal 10-25 grams is recommended if multiple doses of Ultracoal are needed.

### **4. POSSIBLE SIDE EFFECTS**

- In general, Ultracoal is well tolerated. Some patients may however experience constipation or diarrhoea.
- Ultracoal has been associated with bezoar formation, intestinal obstruction and, rarely, intestinal perforation following multiple dosing – although a direct causative association has not been demonstrated.
- Faecal impaction has been reported in a patient treated for an overdose of a diuretic with alcohol.
- Aspiration of activated charcoal has been reported to cause airway obstruction and appropriate precautions should be taken.
- Ultracoal will produce black stools which may be alarming to the patient but is medically insignificant.

### **5. HOW TO STORE ULTRACOAL 250 TABLETS**

Keep all medicines out of reach and of children.

Store below 30°C.

Do not use Ultracoal tablet after the expiry date which is stated on the carton as "EXP. DATE" used for expiry date. The expiry date refers to the last day of that month.

Do not throw away medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

### **6. FURTHER INFORMATION**

#### **What Ultracoal Tablet contains**

The active pharmaceutical ingredient in Ultracoal 250 Tablet is Activated charcoal 250mg.



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### What Ultracoal looks like and content of pack

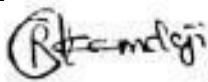


1 X 10 tablets packed in blisters placed in a carton with insert.

### Supplier and Manufacturer

Fidson Healthcare Plc,  
Km. 38, Lagos-Abeokuta Expressway  
Sango Ota, Ogun state  
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Signature			
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