



PATIENT INFORMATION LEAFLET: INFORMATION FOR THE USER
CLOTRIDERM CREAM
Clotrimazole 1% w/w

Read all of this leaflet carefully before you start using this medicine.

- Keep this leaflet. You may need to read it again before, during or after use of this medicine.
- If you have any further questions, ask your health care provider.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects becomes serious, or if you notice any side effects not listed in this leaflet, please tell your health care provider.

In this leaflet:

1. What Clotriderm Cream is and what it is used for
2. Before you use Clotriderm Cream
3. How to use Clotriderm Cream
4. Possible side effects
5. How to store Clotriderm Cream
6. Further information

1. WHAT CLOTRIDERM CREAM IS AND WHAT IT IS USED FOR

Clotriderm Cream contains the active substance clotrimazole. Clotrimazole belongs to a group of medicines called *azoles* and is an antifungal agent which fights the cause of fungal skin infections.

Clotriderm Cream is used to treat fungal skin infections such as ringworm, athlete's foot, fungal nappy rash, and fungal sweat rash. It is also used to relieve irritation of the vulva (external thrush) or the end of the penis, which may be associated with thrush.

When Clotriderm Cream is applied to the infected area of the skin. It works by destroying the fungus or yeast which has caused the infection.

If you are unsure whether you (or your baby if treating nappy rash) have one of these fungal skin infections, seek the advice of your doctor or pharmacist.

2. BEFORE YOU USE CLOTRIDERM CREAM

Do not use Clotriderm Cream

- if you (or your baby if treating nappy rash) are allergic to Clotriderm Cream or any of the other ingredients of this medicine.

Special precautions

Talk to your doctor or pharmacist before using Clotriderm Cream if you have used a cream containing clotrimazole or a similar medicine before and suffered an allergic or unpleasant skin reaction. This may have been a skin rash or itching in the area the cream was applied.

Do not smoke or go near naked flames - risk of severe burns. Fabric (clothing, bedding, dressings etc) that has been in contact with this product burns more easily and is a serious fire hazard. Washing clothing and bedding may reduce product build-up but not totally remove it

Other medicines and Clotriderm Cream

Tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. Clotriderm Cream is not known to interact with any other medicines.



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As with other creams, Clotriderm Cream may reduce the effectiveness of rubber contraceptives, such as condoms or diaphragms. Consequently, if you are using this cream on the vulva or penis, you should use alternative precautions for at least five days after using this product.

Pregnancy and breast-feeding

Clotriderm Cream can be used in pregnancy and breastfeeding. If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, tell your doctor, midwife, or pharmacist before using Clotriderm Cream. If you have informed your doctor or midwife already, follow his/her instructions carefully.

Driving and using machines

Clotriderm Cream will not affect your ability to drive or operate machinery.

3. HOW TO USE CLOTRIDERM CREAM

Always use this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

How to apply thrush cream with applicator

1. Before use, pierce the tube seal by inverting the cap over the end of the tube and press.
2. If the feet are infected, they should be washed and dried thoroughly, especially between the toes, before applying the cream.
3. Clotriderm Cream should be applied thinly and evenly to the affected areas, two or three times daily and rubbed in gently.
4. A strip of cream (½ cm long) is enough to treat an area of about the size of the hand.
5. The duration of the treatment depends upon the type of infection. Use the cream for at least two weeks for candida (thrush) infections or at least one month for other infections.
6. If you have athlete's foot, it may help to use an antifungal dusting powder as well. Ask your doctor or pharmacist to recommend one.

The symptoms of skin infection such as itching or soreness, should improve within a few days of treatment although signs such as redness and scaling may take longer to disappear. If symptoms persist, consult your doctor.

Clotriderm Cream is for external use only.

Do not put the cream in your mouth or swallow it.

If the cream is swallowed accidentally, tell your doctor straight away or contact the Accident and Emergency Department of your nearest hospital.

If you accidentally get cream in your eyes or mouth, wash immediately with water and contact your doctor.

If you forget to use Clotriderm Cream

Apply the cream as soon as possible, then continue the rest of your treatment as usual.

If you stop using Clotriderm Cream

Do not suddenly stop using Clotriderm Cream as this may cause the symptoms of the infection to return.



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You can help the treatment to work if you follow these simple self-help tips:

- Although the infected area will itch, try not to scratch. Scratching will damage the surface of the skin and cause the infection to spread further.
- Keep the affected skin areas clean.
- Pay particular attention to drying the skin but avoid excessive rubbing.
- Do not share towels, bathmats, etc. with other people as you could spread the infection to them.
- Always wash your hands after treating the infection to prevent it from spreading.

If you have athlete's foot:

- Remember to dry the skin between the toes thoroughly.
- Wash your socks, stockings, and tights thoroughly in hot water to remove any shed skin or fungal spores.
- Change your footwear daily if possible.

If you have any further questions on the use of this medicine, ask your health care provider.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Clotriderm cream can cause side effects, although not everybody gets them. As with all medicines, some people may be allergic to the cream. If you or your baby are allergic, stop using Clotriderm Cream and tell your health care provider immediately.

Signs of an allergic reaction may include:

- Rash.
- Swallowing or breathing problems.
- Swelling of your lips, face, throat, or tongue.
- Weakness, feeling dizzy or faint.
- Nausea.

After you apply the cream, you might experience itching, rash, blisters, burning, discomfort, swelling, redness, irritation or peeling of skin. This may mean that you are allergic to the cream.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your health care provider.

Reporting of side effects

If you get any side effects, talk to your healthcare provider. This includes any possible side effects not listed in this leaflet. By reporting side effects, you can help provide more information on the safety of this medicine.

5. HOW TO STORE CLOTRIDERM CREAM

- Keep all medicines out of reach of children.
- Store below 30°C. Protect from light.
- Do not use Clotriderm Cream after the expiry date which is stated on the carton after 'Exp. Date'. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.



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6. FURTHER INFORMATION

What Clotriderm Cream Contains:

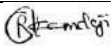
The active pharmaceutical ingredient of Clotriderm Cream is Clotrimazole 1% w/w.

What Clotriderm Cream looks like and contents of the pack:

20g cream in a tube placed in carton with patient information leaflet..

Manufacturer

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